



GymBuddy Coach OS

Run more clients in less time, under your own brand, on WhatsApp. Your clients never download an app.

The problem every busy coach hits

- **Plans eat your evenings.** Every new client means hours in Word or Canva before they even start.
- **Renewals slip.** Payment dates live in your head, so some clients quietly stop paying.
- **You hit a ceiling.** Past 15 to 20 clients you cannot take more without burning out.

What your clients get, under your brand

Deliverable	What it does
Branded workout plans	Personalised splits, coaching cues and tap-to-watch form demos, with your logo and colours.
Indian food guides	Built around the client's real life and food, with a doctor-first safety page when needed.
Day 15 progress reports	Proof you are watching, plus a referral code that brings you new clients.
Intake form + client CRM	Every client, plan, start date and payment due date in one place. We set it up.
Daily reminder list	Every morning: who is due for payment, renewal or a check-in, with ready-to-send lines in your voice. You send from your own phone in 5 minutes.
Quality checks	Every document is checked for fake fat-loss promises and missing safety pages. You approve before it goes out.

Pricing

Plan	For	Setup	Monthly	Includes
Starter	10 to 30 clients	Rs 9,999	Rs 2,999	Intake, CRM, branded workout plans and food guides, monthly value report
Growth	30 to 75 clients	Rs 19,999	Rs 5,999	Everything in Starter + Day 15 progress reports + daily reminder list + at-risk client alerts
Elite	75+ clients or studios	Rs 34,999	Rs 11,999	Everything in Growth + AI reply drafts, branded landing page, monthly strategy call

The maths: save one renewal a month from a client paying Rs 4,000 and Starter has paid for itself. Annual plans: pay for 10 months, get 12. Nothing is ever sent to your clients except from your own phone.

Founding coaches (first 10 only): 50% off the setup fee and your monthly price locked for 12 months, in exchange for a testimonial.

30-day guarantee: if Coach OS does not save you time in the first month, we refund the monthly fee.

Next step: a free sample plan in your branding

Send us your Instagram handle. Within a day we send back a sample workout plan with your logo and colours, then a 15-minute call to show you the rest.

WhatsApp +91 95628 76026 · hello@gymbuddyindia.com · Instagram @gymbuddy_india